


# February

## 2024

SUN 8am	MON	TUES	WED	THU	FRI	SAT 6pm
				1. Mass @ 8am	2.	<b>3.</b> (S) Langston, Cort & Emmett (L) Kim (B) Mary (C) Carla & Leonard
4.	5. 8:15am Mass at Chester	6. PSR 7:15am  Mass @ 8:30am  R&R @ 10am Marie	7. 8:15am Mass at Chester  Quilting 9am -3pm	8. Mass @ 8am	9.	<b>10.</b> (S) Mackenzie & Madison (L) Jill (B) Marie (C) Nancy & Carol  <b>Fat Saturday dinner @ St. Mary's Ellis Grove 3-8pm</b>
11.	12. 8:15am Mass at Chester	13. NO PSR R&R @ 10am- Diane	14. <b>Ash Wednesday</b> PSR @7:10am  Mass @ 7:15am PDR  Mass @ 9am Chester  Mass @ 6pm EG 	15. Mass @ 8am	16.  <b>7pm</b> 	17. (S) Alex & Mason (L) Steve S (B) Carla (C) Marie & Jill
18.	19. 8:15am Mass at Chester	20. PSR 7:15am  Mass @ 8:30am  R&R @10am - Carol	21. 8:15am Mass at Chester  Quilting 9am -3pm	22. Mass @ 8am	23.  <b>7pm</b> 	24. (S) Evan & Jack (L) Leonard (B) Carol (C) Mary, Audrey

25.	26. 8:15am Mass at Chester	27. PSR 7:15am  Mass @ 8:30am  R&R @10am Leonard	28. 8:15am Mass at Chester  Quilting 9am -3pm	29. Mass @ 8am  		
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### **Lenten Regulations:**

- **Ash Wednesday is on February 14, 2023 – PSR Students in charge of Mass**
- **Everyone 14 years of age or older is bound to abstain from meat on Ash Wednesday, all the Fridays of Lent and Good Friday.**
- **Everyone 18 or older, and under 59 years of age, is bound to fast on Ash Wednesday and Good Friday.**
- **On Ash Wednesday and Good Friday, only one full meatless meal is allowed. Two other meatless meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted. When health or ability to work would be seriously affected, the law does not oblige.**
- **Catholics should not lightly excuse themselves from these prescribed minimal penitential practices.**